Term 2 - Kwartaal 2

NEWSLETTER / NUUSBRIEF 2025

BOLAND SCHOOL FOR AUTISM

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2 April is World Autism Awareness Day, an international observance dedicated to raising awareness about ASD and promoting acceptance, inclusion, and support for individuals with autism. This day is an opportunity to educate the public about the challenges and the strengths of those on the autism spectrum, to celebrate their contributions, and advocate for greater understanding and acceptance.

At the school, we celebrated our uniqueness each week of the month.

Dit was ons as gesin se groot voorreg om 'n kunsuitstalling te kon hou hierdie jaar gedurende Outisme Bewusmakingsmaand. Die uitstalling was by die Breytenbach Sentrum, Wellington, waar ons as gesin almal kunswerke gemaak het om iets van ons eie pad met Outisme uit te beeld. Al 4 ons kinders, waarvan 3 self outisties is, het kunswerke gemaak vir die uitstalling, sowel as ouma en mamma.

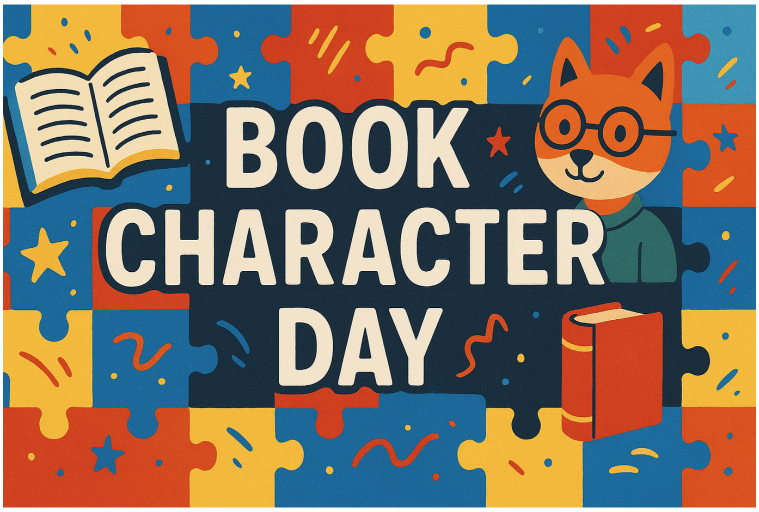
Elke groepering kunswerke het gegaan saam met 'n inligtingstuk, spesifiek oor Outisme. Bv. Estian se kunswerk (waarmee ons hom gehelp het) se inligtingstukkie was oor nie-verbaal- outisties wees en wat dit behels. 'n Ander, interaktiewe stuk van een van sy sussies se inligtingstuk was oor regulering en "stimming" ens.

Die uitstalling was baie goed ontvang en terugvoer vanaf mense wat dit besigtig het was dat hulle iets geleer het van Outisme wat hulle nie voorheen geweet het nie; ander het gesê dat dit opvallend was hoe positief en vol lig die kunswerke was; ouers met ASD kinders het gesê dat dit goed uitgebeeld was - meeste mense het dit as leersaam en inspirerend ervaar.

Ons kon ook hiermee bietjie fondse insamel vir die skool!

Ons is dankbaar aan almal se bydraes, ondersteuning en belangstelling in die uitstalling!

Ananda van der Walt



It is a day to encourage the love of reading which is so important to our children.

We celebrated book character day during April Autism Awareness month.
It was a day for students, teachers and book lovers to dress up as their favourite character from a book.

The day was also celebrated with learners sharing stories about their books in class.

Thank you Paarl Post for the beautiful article.

Die Wes-Kaapse Premier Alan Winde en sy vrou Tracy het Maandag die Boland Skool vir Outisme in die Paarl besoek. Foto: Chantélle Hartebeest

Premier besoek Boland Skool vir Outisme in Paarl

Chantélle Hartebeest

Die belangrikheid rakende bewusmaking van outisme is hierdie week weer eens beklemtoon met Outisme-bewusmakingsmaand in April.

Alan Winde, die Wes-Kaapse premier, en sy vrou, Tracy, het Maandag (14 April) die Boland- Skool vir Outisme in die Paarl besoek. Die paartjie is op 'n toer deur die skool geneem en gewys wat hulle alles vir die kinders by dié skool aanbied.

Ingrid du Toit, die bestuurder van die Boland- Skool vir Outisme, sê bewusmaking oor outisme is van kardinale belang omdat dit bydra tot groter begrip, aanvaarding en ondersteuning in die gemeenskap.

"Elke kind met outisme is uniek, met sy of haar eie sterkpunte en uitdagings. Wanneer mense beter ingelig is, kan ons saamwerk aan 'n meer inklusiewe samelewing – een waarin individue met outisme nie net kan funksioneer nie, maar regtig kan floreer. Hoewel goeie vordering reeds die afgelope paar jaar op hierdie gebied gemaak is, is daar steeds baie werk om te doen. Outisme is kompleks en kan op baie verskillende maniere presenteer."

Du Toit het op 'n vorige geleentheid aan *Paarl Post* verduidelik dat outismespektrumversteuring (OSV) 'n neuroontwikkelingsversteuring is wat kommunikasie en gedrag beïnvloed.

"Hoewel outisme op enige ouderdom gediagnoseer kan word, word dit dikwels 'n ontwikkelingsversteuring genoem omdat die simptome in die eerste twee jaar van 'n kind se lewe verskyn."

Tydens hul besoek aan die skool was die Windes ook interaktief met die leerders. Een leerder het hulle met hul aankoms verwelkom, terwyl 'n ander 'n pragtige bos handgemaakte tulpe van papier aan Tracy oorhandig het.

Hulle het ook by verskeie klasse ingeloer, waaronder die robotikaklas. Die Windes is ook vermaak met 'n musiekstuk wat op die klavier gespeel is en 'n leerder wat lekker gesing en litte losgemaak het.

Du Toit sê hulle is ongelooflik dankbaar en geëerd dat Winde en sy vrou hul skool besoek het.

"Ons besef hoe besig hul dae is en veral daarom beteken hul tyd en opregte belangstelling vir ons baie. Dit stuur 'n sterk boodskap dat ons kinders gesien en gehoor word en dat hul unieke behoeftes ernstig opgeneem word. Dit was 'n besondere dag wat ons lank sal onthou.

"Die manier waarop hulle met ons leerders omgegaan het, het ons diep geraak – met soveel empatie, warmte en opregte belangstelling."

Winde sê hy is baie dankbaar dat soveel mense bereid is om saam te span om kinders met outisme te help.

"Ek weet van die regering se kant af hoeveel druk ons het en hoeveel meer en meer ons hiervoor moet begroot. Ons kan nie alles doen nie en wat hier gebeur is definitief uitstekend. Die geleentheid wat hierdie kinders kry, is regtig top-klas."

Celebrating the uniqueness of learners with autism!
BOLAND SCHOOL FOR AUTISM
Tel: 021 870 1430 | bolandautism@gmail.com
www.bolandautism.org.za
FOR YOU

Even Steven
Odd Todd
Optelling
Deling
Aftrekking
Column Method

FOR YOU

Ons hou ons grootste gholfdag in die skool se 15 jaar met 27 spanne wat op 16 Mei by die gholfbaan in die Paarl afgeslaan het.

Die weer speel saam en ons geniet ñ geseënde dag saam met die ondersteuners.

Farmkem Pty Ltd se span onder leiding van Nico Coetzee is die wenners van ons dag.

Villa Crop Protection skenk R50 000 aan die skool tydens die prysuitdeling.

Ons is baie dankbaar vir al ons spelers en borge wat hierdie dag elke jaar so uitsonderlik ondersteun.

Die manne & dame, lyk spoggerig met hulle
Rugga Roots rugby truie!

Baie dankie vir ons 2de kwartaal geskenke!

#👍🏻👍🏻🌽🥣

Ons is vreeslik opgewonde oor ons
Kwartaal 2 geskenke wat ons
netbalsterre ontvang het.
Hul eie netbalrokkies!

#shiftnetball
#shuffletosuccess.
Shift Netbal
🏐🏐🏐

SHIFT NETBALL ACADEMY

KINDERKINETICS

Kinderkinetics is a science-based movement programme designed to support and improve children's **gross motor development** through fun, age-appropriate activities. We focus on building strength, balance, coordination, and body awareness - the essential building blocks for later skills like handwriting, sport participation, classroom focus, and confident movement. A strong foundation in gross motor skills supports both physical and cognitive development as children grow.

Term's Focus:
Locomotion & Object Control

This term, we're exploring two key areas: **locomotion** (how children move their bodies - hopping, running, jumping, skipping) and **object control** (how they interact with objects - throwing, catching, kicking). These skills are not only important for sports and physical play but also help build **spatial awareness, timing,** and **confidence**. Our sessions are designed to be fun and supportive, helping each child progress at their own pace.

OBJECT CONTROL

Object control is all about how children use their hands and feet to interact with objects, like throwing, catching, kicking, striking, bouncing, rolling balls or just manipulating everyday objects.

WHY IS IT IMPORTANT?

Strong object control skills help children with:

- Hand-eye and foot-eye coordination
- Timing and rhythm
- Team play and taking turns
- Confidence in sports and games
- Focus, planning, and reaction time
- Fine and gross motor integration

AGE-APPROPRIATE OBJECT CONTROL MILESTONES

- By 2–3 years: Rolling and throwing a ball underhand
- By 3–4 years: Catching a large ball, kicking with direction
- By 4–5 years: Overhand throwing, two-handed catching
- By 5–6 years: Dribbling, striking with a bat, better aim
- By 7+ years: Controlling speed, direction, accuracy in games

WHAT IF THESE SKILLS ARE DELAYED?

Kids who struggle with object control may:

- Avoid ball games or group play
- Struggle with catching, aiming, or kicking
- Have difficulty planning and reacting in time
- Feel left out or less confident during sports
- Miss out on developing coordination and teamwork skills

HOW WE HELP (as Kinderkineticists)

We assess each child's movement and create fun, targeted activities to:

Build coordination and core strength	Encourage confident movement
Support brain-body integration	Prepare kids for sport, learning, and life!
Improve ball-handling and control skills	Develop timing, rhythm, and coordination

LOCOMOTION

Locomotion is a *fancy* word for how children move their bodies from one place to another—l crawling, walking, running, jumping, hopping and skipping.

WHY IS IT IMPORTANT?

Strong locomotor skills help children with:

- Balance and coordination
- Muscle strength and core stability
- Spatial awareness
- Confidence on the playground
- Focus and body control in the classroom
- Healthy brain and sensory development

AGE-APPROPRIATE LOCOMOTOR MILESTONES

- By 12-18 months: Walking independently
- By 2–3 years: Running, climbing, kicking
- By 4–5 years: Hopping, jumping, galloping
- By 5–7 years: Skipping, more complex movement combos
- By 7+ years: Controlled, efficient movement across sports and play

WHAT IF THESE SKILLS ARE DELAYED ?

Kids who struggle with locomotor development may:

- Trip or fall often
- Struggle with attention or classroom posture
- Avoid physical play
- Tire quickly
- Feel "clumsy" or frustrated

Smartboards Bring Smart Learning to Boland School for Autism!

Boland School for Autism is overjoyed to announce that every classroom is now equipped with brand-new interactive smartboards – a fantastic donation from the *Chatz Connect* company that is taking our learning environment to the next level!

This technology is not only impressive, but also extremely valuable for our learners on the autism spectrum. It enables teaching and learning to become more visual, structured, and meaningful – perfectly suited to the unique strengths and needs of our learners.

Why does it work so well for our learners?

- Visual support – improves understanding and aids focus
- Clear, step-by-step instructions – creates predictability and a sense of safety
- Interactive participation – keeps learners actively engaged
- Supports differentiation – allows teachers to better adapt to each learner's unique style and pace

We are truly grateful for this incredible tool – it not only makes learning more accessible, but also much more enjoyable! We look forward to the positive and lasting impact this technology will have on our learners' development and enthusiasm for learning.

Chatz Support for Boland School:

We are tremendously grateful for the donation from Chatz Vodacom.

Having supported the school through Golf Day engagements, they are now fully on board - we are thrilled about the laptops equipped with new Window programs, as well as CAMI software.

The latter is a fun and educational program which the learners will enjoy via the interactive equipment Chatz sponsored for the school.

Chatz plays a vital role in the new opportunities of learning we will be able to offer our students.

Words cannot express how much your donation means to Boland School and the value this will add.

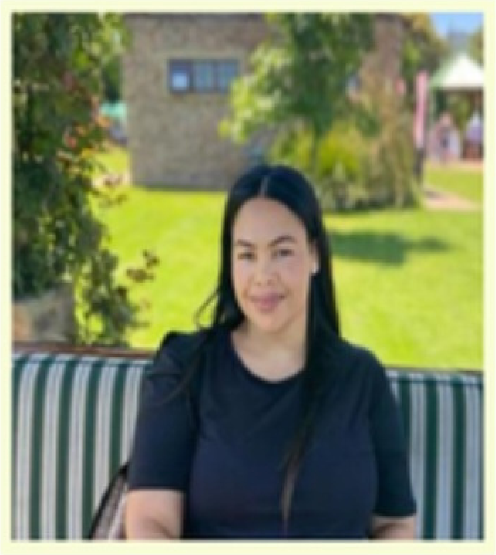
We celebrated the special love between children and grandparents at our Grandma and Grandpa day.

The grandparents enjoyed some time together with their grandchildren while decorating cupcakes and painting.

La Rochelle
Girls' High School
PAARL est. 1860

Baie dankie Larries dat jul by BSA kom kuier het! Die leerders het die paaseiers baie geniet.

We welcome teacher Charuzaan, who will be taking care of teacher Meghan's class for term 3. We wish teacher Meghan a blessed maternity holiday! We are all excited to meet the little girl.



IMPORTANT DATES FOR TERM 3

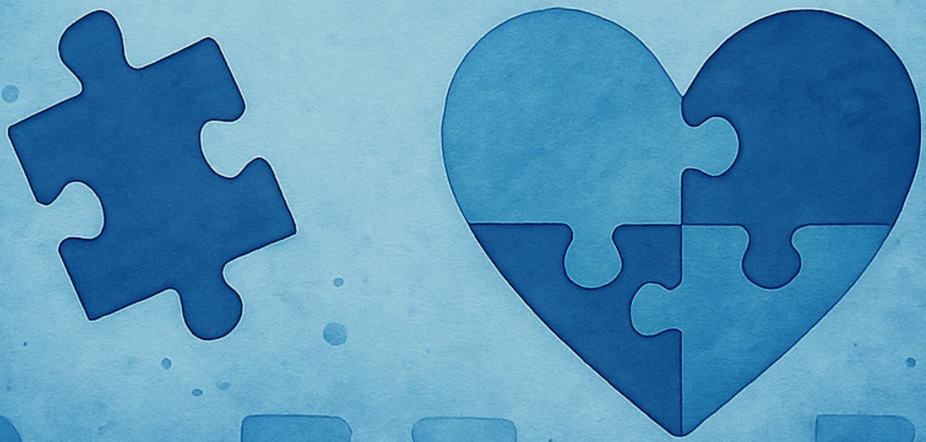
22 Julie - Skool heropen vir kwartaal 3

5 September - Superhero day

20 September - Dinner and Dance

26 September - Heritage Day

3 Oktober - Skool sluit



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Celebrating the Uniqueness of learners with Autism.