
Boland School for Autism

Newsbrief/Newsletter

Issue No. 1 | 31/03/2023

Boland School for Autism celebrates our 13th birthday!



Important dates & events:

- 2 April - Autism Awareness month
Spot our banner across main road!
- 15 April - Parkrun for Autism
- 15 April - Autumn dance for Autism
- 22 April - Fun Run @ Irene Farm
- 12 May - Golf day at Boschenmeer

Promote our school:

- 🌐 www.bolandautism.org.za
- 📷 @bolandautism
- 🎵 @bolandautism
- 📌 Boland School for Autism

*Please like our pages and
take part in our fundraisers!*

Our supporters:

Without our supporters we will not be able to live our dream to educate and support our learners and their families living with autism.

Team work makes the dreamwork.

Thank you very much!

Highlights of term 1:

Rugga Roots

We kicked off 2023 with Rugga Roots for our boys.

Every Friday they are taught about hand eye coordination, ball skills and improve not only their physical development but also their self esteem!

We love Rugga Roots! Rugby for Jesus.



Thank you coach Jean!



Cooking Classes



Every Tuesday the non -curriculum class has the privilege to attend cooking classes with Marlet Meadon, owner of Kleine Kombuis cooking school situated in Wellington.

The kiddies learn easy and fun recipes and also learn about safety in the kitchen. We are very grateful for this amazing opportunity.



Highlights of term 1:

Ons nuwe ontvangs!

Ons deel graag met jul ons vrolike ontvangs lokaal!



Sing - Songs!

We start each day with singing because our children love music and songs, for us it sets the tone of the day.

Thank you teacher Natasha for taking the lead!



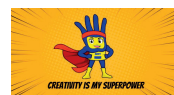
Art Classes



Once a month Beau Arts offer art/pottery lessons to our children.

Here they are taught to expand on their creative skills and improve fine motor development all while having fun.

We love to see all the beautiful creations that you are going to make through the year!



Hoogtepunte van kwartaal 1:

Omgee Dag



Ons vier 14 Februarie elke jaar as "omgee dag" waartydens die leerders vir mekaar klein blykies van waardering gee.

Baie dankie Diva Vibez vir jul blykie van waardering om ons voordeur in rooi en wit te tooi!



Rolbal 2023



Ons het ons eerste rolbaldag met groot sukses by die Paarl rolbalklub gehou op 24 Maart. 18 spanne het ingeskryf en ons ondersteun. Ons sien almal uit na die volgende een!

Baie dankie aan die Paarl Rolbalklub se bestuur vir jul ondersteuning, en ons spraakterapeut Ronelle vir jou briljante idee!

Newsletter Term 1 :

STARS OF THE TERM:



All our learners for adapting so well to the new year and its challenges. Especially those who joined our school for the first time.

**Baie welkom juffrou Le-Shane
Loth wat hierdie kwartaal by ons
skool aangesluit het!**



Juffrou Inge is verloof!



Congrats! 



Raising awareness of Autism Power Poem

Help I need support,
I wish I could say to you,
A gentle voice a guiding hand,
and understand me too...
Help I need support,
I don't understand the task,
It's hard to communicate, so it's easier to mask
With a different learning style, from others in the
room.
I want to fit and be liked, but the room is loud in
volume
I am sensitive to my surroundings,
sight, sound and touch,
everything around me stimulates too much.
When something has upset me, it's hard to
regulate
I'll become anxious, repetitive, and stimming, I
need supporting before it's too late.
Oh no, your now annoyed, as you raise your
voice at me,
I am giving nonverbal clues, why can you not
see.
I'm overwhelmed, I've lost control, I've hit the
extreme
You see the behaviour, but I wish you would see
me.
Some days I just can't move, you see I'm shutting
down,
You still don't understand me, I still see that
cross frown.
I struggle to communicate,
I internalise the mess,
I need a quiet peaceful space, so I can recharge
and rest.
Do this, do that,
demands I hear all day
No time to process, no time to play
Please Ask, please Accept, Help me Develop my
way.
I will learn, if you give me time each day.

**Advocating for Children
Donna King**

Nuusbrief kwartaal 1 :

Wat het ons die kwartaal geleer?

Die gebruik van gebare kan kinders se taalontwikkeling ondersteun. Dit kan veral waardevol wees vir kinders wat op die outisme spektrum is. Dit kan ook help om kinders wat nog op 'n pre-verbale vlak is (m.a.w. nog nie woorde sê nie) se frustrasie te beperk, aangesien dit funksionele kommunikasie aanmoedig.

Die hele skool het hierdie kwartaal op sekere gebare gefokus, insluitend 'nog', 'oop' en 'toe' om ons jonger leerders en leerders wat nog oor beperkte spraakvaardighede beskik te help ondersteun. Volgende kwartaal gaan ons nog nuwe gebare aanleer!

toe



Idees om dit te gebruik:

- Die deur is toe.
- Maak die deur toe.
- Die bakkie is toe. Wat moet ek daarmee doen? (maak oop)
- Gaan maak dit eers toe.
- Ons kan dit nie oopmaak nie. Dit is nog toe.

Gebruik dit saam met:
oop, maak oop, oop maak

Gebruik dit saam met 'oop' om versoek van aksie aan te moedig:
Sit eetgoed/speelgoed wat hy/sy wil hê in 'n houer/sakkie wat kan toe maak. Maak hom/haar bewus daarvan dat die houer/sakkie toe is en vra wat volgende moet gebeur ('maak oop').

oop



Idees om dit te gebruik:

- Dit is toe. Kom ons maak dit oop.
- Dit is toe. Wat moet ek doen? (maak oop)
- Gaan maak eers die deur oop.
- Kyk! Dit is oop!

Gebruik dit saam met:
toe

Gebruik dit saam met 'toe' om versoek van aksie aan te moedig:
Sit eetgoed/speelgoed wat hy/sy wil hê in 'n houer/sakkie wat kan toe maak. Maak hom/haar bewus daarvan dat die houer/sakkie toe is en vra wat volgende moet gebeur ('maak oop').

Gebruik 'n dra-frase wanneer dit moontlik is bv. 'Maak dit [wys gebaar vir oop]'.

nog



Idees om dit te gebruik:

- nog eet
- nog drink
- nog swaai
- nog speel
- nog swem
- nog slaap
- nog televisie kyk
- nog 'n broodjie
- nog 'n lekkertjie
- nog 'n blokkie
- Kom ons speel nog!
- Ons moet nog werk.
- Hier is nog 'n blokkie.
- Wil jy nog 'n storie kyk?
- ens.

Hoekom 'nog'?
Deur die gebaar vir 'nog' aan te leer gee jou kind 'n algemene sambreelterm om te gebruik wanneer hy/sy iets versoek. Hulle leer dat hulle 'n gebaar kan gebruik wat tot gevolg het dat hulle meer van die verlangde voorwerp/aksie kan kry. Dit kan help om gryp, skree en algemene frustrasie en angste te beperk. Dit help hulle ook om te leer dat taal/kommunikasie 'n funksie het en dat daar 'n 'oorsaak-gevolg verhouding' (cause & effect) bestaan.



Review



Boland School For Autism

Our youngest child Benji Adonis has been diagnosed with Autism on 12 May 2021. He was then referred by the specialist to Boland School for Autism. We immediately made an appointment with the school principal Ingrid du Toit who interviewed us who were at that time “scared” parents and did not know what to expect.

Benji were to attend a 2-week trial period whereby he was assessed and evaluate to see if he can successfully adapt, little did we know that this was only the 1st step towards a better future and relationship between the school, our son and us.

Boland School For Autism was not only a day-to-day care facility, but it came with a full package, it came with value added benefits. We benefitted the past 2 years from the highly skilled teachers who my son totally trusted, adores, and utilized the value-added services of the speech therapy, and occupational therapy offered by the school (at affordable rates).

Every week he is looking forward to the Kinder kinetics classes and he was being exposed to so much, these past 2 years ex: horses, music instruments, Rugger Roots, water safety awareness etc. We also noted how Boland School for Autism in conjunction with us nurtured Benji's strong points and how he improves on his short comings.

Benji is 7 years old, and he is on his way of becoming a highly intelligent, remarkable young man and we can just appreciate the role the school has contributed to this. Should you be willing to invest in your child's future, we would highly recommend Boland School for Autism where every child is treated in his own unique way to allow him/her to grow.

From the proud parents of Benji Adonis: Lester and Liezel Adonis

Daar is kinders wat aan 'n span wil behoort, maar nie gekies word nie, want dit is belangriker om te wen as om hierdie kinders in te sluit.

Kinders met spesiale behoeftes is nie skaars of vreemd nie, hulle wil net hê dat almal hulle moet aanvaar.

Dit is wat Boland skool vir Outisme vir ons gesin is.

‘n Plek van BEHOORT.

‘n Plek van AANVAAR.

‘n Plek waar ons nie hoef te verduidelik nie, want Juffrou verstaan.

Die skool skep 'n omgewing van veiligheid en sekuriteit. Dankie dat my kind en ons as gesin by julle net kan WEES.

Groete

Liezel van Niekerk



Come join us!



YOU ARE INVITED TO OUR ANNUAL

GOLF DAY

BEST SUPPORTER BY 'PAR'

12 MAY 2023 • STARTING TIME: 11H00
REGISTRATION: DESK OPEN @ 9H00
BOSCHENMEER GOLF ESTATE

- Take part in our annual golf day in aid of Boland School for Autism.
- Enjoy a 4 ball with friends on the green of Boscheneer.
- Your donation includes a goodie bag, green fees, halfway house lunch, refreshments along the way, wine tasting and the opportunity to win 4 balls at prestigious golf courses.
- Ending the day with a fabulous prize giving and dinner.

For registration or enquiries please contact boland4golf@bolandautism.org.za



Be an early bird and donate before end of March. First five teams to enter and pay receive a 10% discount and a cart per team included!



BOSCHENMEER GOLF ESTATE
PAARL GOLF CLUB

You're Invited



Fun Run Dress up!

At Irene Farm
Jan Phillips Mountain Drive
Northern Paarl

22 April 2023

Registration 8:00 – 8:40
Run, Walk, Cycling starts at 9:00

5 km & 10 km

Contact Lara / Gerida @
bolandadmin@bolandautism.org.za





Autumn dance for Autism

15 | APRIL 2023
19:00 TILL MIDNIGHT
VENUE: NOORDEIND SCHOOL HALL

R100 p/p or R1000 p/table (14 tables with 10 seats each)
First come first served - decorate your own table

IN AID OF BOLAND SCHOOL FOR AUTISM

For tickets contact: 083 701 8564

